



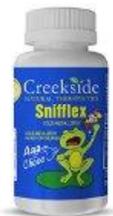
Information for Health Care Providers

About Creekside Natural Therapeutics

Creekside Natural Therapeutics is a natural products company that specializes in clinically driven, naturally made solutions. Dr. Natalie Lambajian-Drummond is a respected, board certified pediatrician at the company who formulates and oversees our natural products. She specializes in natural and Integrative Medicine. Dr. Natalie was named one of the best pediatricians in the U.S. by Parents Magazine.

All of our products are naturally driven by clinical research supporting our formulations. Our products are all made in the U.S.A. at a laboratory that follows GMP procedures. Each batch is tested to ensure safety, ingredient levels and freedom from contaminants/heavy metals. Our products are free of common allergens such as gluten, wheat, nuts, dairy, corn, yeast, fish, and egg.

About Creekside Natural Therapeutics Snifflex Cold and Allergy Relief for Children



Over two years in the making, the ingredients in Snifflex have been used for centuries to help counter inflammation and histamine's effects on the body and are safe for children.

- Bromelain is a protein digesting enzyme found in pineapple and is a popular supplement in Europe for sinus discomfort. The German Commission E approved bromelain enzyme for reducing general sinus swelling. Studies have also suggested that the enzyme decreases cough related to post nasal drainage and mucous membrane inflammation.
- Quercetin is a flavonoid found in fruits and vegetables. Onions, blueberries, citrus fruits and apples are great sources of quercetin. Flavonoids are powerful antioxidants. Quercetin can also help stabilize the cells that release histamine in the body and thereby have an anti-inflammatory and antihistamine effect. Quercetin is what gives Snifflex its bright yellow color. (continued)



(Snifflex continued)

- Vitamin C is a natural antihistamine and works by destroying circulating histamine. Found in citrus fruits, red peppers, kiwi and rose hips, studies have shown Vitamin c can help children with asthma and allergic rhinitis.
- N-Acetyl Cysteine is an amino acid that when taken as a supplement is turned into cysteine and glutathione by the body. Glutathione is a powerful antioxidant and anti inflammatory. NAC helps break down mucous and has been studied in the treatment of chronic bronchitis.
- Elderberry gives Snifflex its delicious taste. Used for centuries to treat colds and flu, it also helps relieve nasal congestion and has anti inflammatory properties. As an added bonus, it has antiviral properties too.

Per suggested serving (2 tablets): Bromelain 30 mg, Quercetin 100 mg, NAC (N-Acetyl Cysteine) 24 mg, Vitamin C 75 mg. Each batch is tested for safety and active ingredient strength. For ages 2 and up in a great-tasting, EZ Melt tablet: Gluten Free, Dairy Free and Vegan.

For more information including studies, see our site <https://creeksidenaturals.com/healthcare-providers/>. Contact us at info@creeksidenaturals.com.

Health Savings Account (HSA), Flexible Savings Account (FSA) and Health Reimbursement Account (HRA)

Information for Submission of Natural Supplement Costs

Patient Name: _____

Date of Birth: _____

Prescribing Health Care Provider: _____

Prescribing Health Care Provider Address: _____

Recommended Natural/Dietary Supplements: Creekside Natural Therapeutics Snifflex Cold and Allergy Remedy for Children

Diagnosis/Diagnoses:

I recommend the above natural supplements as a part of this patient's health plan to address specific concerns associated with his/her health.

Signature of Prescribing Health Care Provider

Date